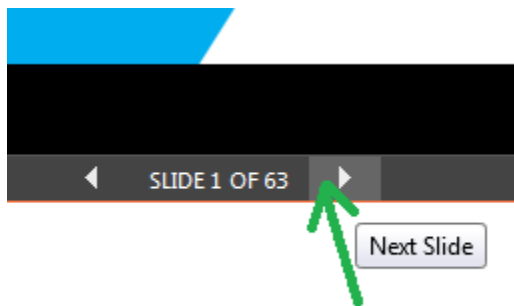# PEAK Training Instructions

1. If this is your first time accessing PEAK please refer to the "PEAK – Initial Account Activation Instruction for Employees" page or contact the help desk at 212-241-HELP (4357).
2. Navigate to the following internet page: http://peak.mountsinai.org
3. Type in your Mount Sinai username and password, and then click "Submit."
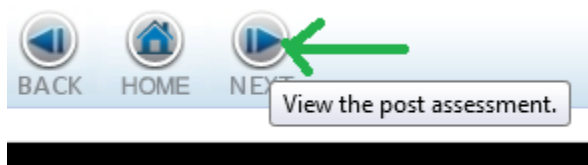4. Click the "Course Catalog" icon:

5. Click the "Laser Safety" icon:

6. Find the course you need to take, and then select the "Click here to start this course" hyperlink beneath the course description.
7. Click through the presentation slides by clicking on the right facing arrow on the BOTTOM of the screen:

8. Once you have reached the final slide in the presentation, click the right facing arrow on the TOP of the screen to proceed to the quiz:

9. Click "Next":

10. Complete all of the questions by bubbling in the correct answers, then click "Next" again.
11. Click the "View your results" hyperlink to view your results. You may print these for your records if you wish. Your results will be automatically recorded.