

# NYEE Department of Anesthesia Pre-Operative Patient Medication Guidelines

All patients scheduled for surgery at NYEE on the fourth floor should continue their usual doses of medications on the day of surgery with a sip of water. Unless directed otherwise by their surgeon, internist or cardiologist. Please contact Department of Anesthesia (212-979-4464) if there are any specific concerns regarding medication administration prior to surgery.

- 1. Anticoagulants/Antiplatelet Agents:** All patients on anticoagulants/antiplatelet agents should continue these medications unless instructed by their surgeon or cardiologist. (See stent policy).
- 2. Cardiac Medications:** Patients should continue regular morning blood pressure and cardiac medications on day of surgery with a sip of water unless instructed differently by their surgeon or cardiologist.
- 3. Diabetic Medications:** Diabetic patients taking insulin should take normal evening dose before surgery and should not take any insulin or oral hyperglycemics on day of surgery. Specific preoperative diabetic management issues should always be referred to patient's internist or endocrinologist (i.e. insulin pumps or "brittle diabetics").
- 4. Pulmonary Medications:** All regularly scheduled inhaled medications should be taken on the morning of surgery.
- 5. Psychotropic/Anti-Seizure Medications:** All regularly scheduled medications should be taken on day of surgery.