

Anu Abraham is a Senior Physical Therapist at The New York Eye & Ear Infirmary – Ear Institute. She graduated with her Bachelors degree in Physical Therapy from Daemen College in 2002. Initially after graduation she worked in an orthopedic outpatient setting, and has continued to work with orthopedic patients throughout her career. She joined the Infirmary and started working with patients with dizziness and imbalance in 2004. She received her certification in Vestibular Rehabilitation from The Emory University School of Medicine in 2006, as well as her clinical doctorate in Physical Therapy. She became a certified Pilates Instructor in 2007, which is one of the modalities that taught her the importance of integrating the mind and body. She believes in educating her patients about the power of the mind and how it can impact/affect the physical body.